

**Listing of the Claims**

This listing of claims replaces all prior versions and listings of claims in the application.

1-20. Canceled.

21. (Original) A method for accessing a site within a body, comprising: inserting a distal end of a first elongate member into a first lumen of a cannula; detachably attaching the distal end of the first elongate member to the cannula; and steering a distal end of the cannula to a desired site in the body using the first elongate member.

22. (Original) The method of claim 21, further comprising detaching the distal end of the first elongate member from the cannula, and removing the distal end of the first elongate member from the first lumen of the cannula.

23. (Original) The method of claim 22, further comprising delivering an object using the first lumen after the distal end of the first elongate member has been removed.

24. (Original) The method of claim 23, wherein the object is selected from the group consisting of at least a portion of a guidewire, at least a portion of an ablation device, at least a portion of an imaging device, a fiber optic, a therapeutic element, a diagnostic element, and an implant.

25. (Original) The method of claim 21, wherein the cannula has a second lumen extending

between ends of the cannula, and the method further comprising delivering an object using the second lumen.

26. (Original) The method of claim 25, wherein the object is selected from the group consisting of at least a portion of a guidewire, at least a portion of an ablation device, at least a portion of an imaging device, a fiber optic, a therapeutic element, a diagnostic element, and an implant.

27. (Original) The method of claim 21, further comprising: inserting a distal end of a second elongate member into a second lumen of the cannula; and attaching the distal end of the second elongate member to the cannula.

28. (Original) A method for accessing a site within a body, comprising: inserting a distal end of a first elongate member into a first lumen of a cannula to thereby stiffen at least a portion of the cannula; detachably attaching the distal end of the first elongate member to the cannula; and manipulating a proximal end of the cannula to thereby place a distal end of the cannula at a desired position.

29. (Original) The method of claim 28, further comprising detaching the distal end of the first elongate member from the cannula, and removing the distal end of the first elongate member from the first lumen of the cannula.

30. (Original) The method of claim 29, further comprising delivering an object using the first

lumen after the distal end of the first elongate member has been removed.

31. (Original) The method of claim 30, wherein the object is selected from the group consisting of at least a portion of a guidewire, at least a portion of an ablation device, at least a portion of an imaging device, a fiber optic, a therapeutic element, a diagnostic element, and an implant.

32. (Original) The method of claim 28, wherein the cannula has a second lumen extending between ends of the cannula, and the method further comprising delivering an object using the second lumen.

33. (Original) The method of claim 32, wherein the object is selected from the group consisting of at least a portion of a guidewire, at least a portion of an ablation device, at least a portion of an imaging device, a fiber optic, a therapeutic element, a diagnostic element, and an implant.

34. (Original) The method of claim 28, further comprising: inserting a distal end of a second elongate member into a second lumen of the cannula; and attaching the distal end of the second elongate member to the cannula.

35. (Original) A method for accessing a site within a body, comprising: inserting a wire having a bent configuration into a lumen of a cannula, the cannula having a distal end, a first portion at the distal end, and a second portion proximal to the first portion, wherein the second portion is

relatively stiffer than the first portion; and manipulating the wire by sliding a distal end of the wire either distally or proximally relative to the cannula to thereby steer the distal end of the cannula.

36. (Original) The method of claim 35, further comprising removing the wire from the lumen of the cannula after the distal end of the cannula has been desirably positioned.

37. (Original) The method of claim 36, further comprising using the lumen of the cannula to deliver a tool, an instrument, a therapeutic element, a diagnostic element, or fluid, from a proximal end of the cannula to the distal end of the cannula.